

# ePH Update



## Taking care of hearts in the heart of eMalahleni

### Emalahleni Private Hospital opens state-of-the-art cath lab



Photographs courtesy of Witbank News.

We are proud and excited to inform you that eMalahleni Private Hospital has been officially licensed to operate a fully functional Cardiac Catheterisation Laboratory.

A Catheterisation Laboratory or a Cath Lab is an examination room within a hospital unit with diagnostic imaging equipment used to visualize the arteries and chambers of the heart and treat any stenosis or abnormality found.

Located at the heart of eMalahleni, this Cath Lab will bring much-needed services to a region/population with no access to potentially lifesaving care

within reasonable proximity.

Extended research has positioned eMalahleni as an ideal location for such a unit.

Our newly licensed facility is a 9-bed Cardiac unit, consisting of 5 ICU beds, 4 General ward beds, and a state-of-the-art Cath Lab Theatre.

eMalahleni Private Hospital is an independently operated private hospital located at the heart of eMalahleni. Offering high-quality healthcare services, ePH maintains the highest standards of personalised patient care and clinical excellence, while positioning itself in an accessible, affordable bracket.

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The official newsletter of



**eMalahleni PRIVATE HOSPITAL**  
Private, Passionate & Personal

# FAQ

*Below are questions asked frequently:*

## 1. What is a Catheterisation Laboratory?

A Catheterisation Laboratory or a Cath Lab is an examination room within a hospital unit with diagnostic imaging equipment used to visualise the arteries and chambers of the heart and treat any stenosis or abnormality found.

## 2. What happens during a Cath Lab procedure?

A cardiologist will place a very small and flexible tube (a catheter) into a blood vessel in the groin, arm, or neck. It will then be threaded through the blood vessel into the heart. Once the catheter is in place, several tests will be conducted



Cath Lab staff.

to assess your heart's function. Your doctor may recommend surgery, depending on the results of your procedure.

## 3. Conditions treated in a Cath Lab include:

- Cardiomyopathy
- Congenital heart disease
- Coronary artery disease
- Heart failure
- Valvular heart disease

## Also done in the CathLab :

- 1) Ablation for cardiac arrhythmias
- 2) Stenting for aortic aneurysms
- 3) Treatment for pulmonary embolism



ePH Board of Director Dr Kodi Moloto and Head of Marketing & Stakeholder relations Zandile Ngubeni.

4) Emergency treatment for stroke patients

## 4. Why would my doctor send me for catheterisation?

Your doctor may recommend cardiac catheterisation if you experience chest or other symptoms such as shortness of breath, dizziness, or fatigue.

## 5. Risk factors for heart disease?

- High Blood Pressure
- High Cholesterol
- Diabetes
- Smoking and Second-hand Smoke Exposure
- Obesity and an unhealthy diet. •



Sr Winnie Mashala Cath Lab/Cardiothoracic Theatre Unit Manager.

*A special thanks to our Cardiologists, Prof. N Tsabedze and Dr P Mutati, Specialist Anesthetist, Dr W Mahlogo, General Surgeon, and our Allied Health team for helping us make History. We also thank Sr Winne Mashala and her team for their stellar work.*



Cardiac team which performed the first procedure on 12 January, 2024.

DISCLAIMER:  
ePH Update is the newsletter for eMalahleni Private Hospital (ePH). The views expressed in this publication are not necessarily those of ePH. The publication of editorial material does not imply any endorsement in respect of goods or services described therein. While reasonable precautions have been taken to ensure accuracy of the content, ePH cannot accept any responsibility for any damages or inconvenience that may arise.

**eMalahleni**  
**PRIVATE HOSPITAL**  
Private, Passionate & Personal



## OUR SPECIALIST SERVICES

- Critical Care
- 24-hour Emergency Services
- Physicians
- General Surgery
- ENT Surgery
- Neuro & Spine Surgery
- Neurovascular Surgery
- Cardiothoracic Surgery
- Cardiology
- Catheterisation Laboratory
- Orthopaedics
- Paediatrics
- Neonatology
- Gynaecology & Obstetrics
- Urology
- Hospital Pharmacy
- Medical Ophthalmology
- Radiation Oncology
- Paediatric & Cosmetic Dentistry
- Psychology
- Renal Dialysis
- Radiology Services (X-ray)
- Laboratory Services
- Physiotherapy
- Occupational Therapy
- Dietetics
- Orthotics
- Speech & Audiology
- 24-hour Ambulance Services



## INFORMATION

If you have any questions, please go to our Facebook page and we will do our best to give advice, but remember seeing your Doctor is the best option!

## ABOUT US

eMalahleni Private Hospital is fully on track in its goal of delivering high-quality and affordable healthcare services by putting its patients, doctors and staff at the heart of all its activities.

## OUR MISSION

Our mission at eMalahleni Private Hospital is to provide a high quality, accessible and affordable healthcare service by putting our patients, doctors and staff at the heart of everything we do.



## ADMISSION

If you are forewarned that you will need to be admitted to ePH, visit reception on the ground floor beforehand, bringing the following documents:

- Main member's ID book;
- Patients ID book;
- Medical aid scheme card;
- Doctor's letter of referral; and
- Medical aid scheme authorisation number (we can assist with this if necessary)



Our Doctors

*Please contact our Doctors to make an appointment for a consultation:*

**NEUROSURGEON**

**Dr D. Tatomir**

Practice No. 0010936  
013 282 4493

**NEUROSURGEON & SPINE SURGEON**

**Dr O.A. Adedipe**

Practice No. 0105155  
071 591 0505

**NEUROVASCULAR SURGEON**

**Dr B. Moshokoa**

Practice No. 0732613  
081 232 5135

**SPECIALIST ORTHOPAEDIC SURGEONS**

**Dr N.D. Mhlongo**

Practice No. 0691410  
2<sup>nd</sup> Floor: Suite 201  
013 655 3057/3058/3059

**Dr M.G. Masemola**

Practice No. 0867500  
1<sup>st</sup> Floor: Suite 121  
013 655 3085

**UROLOGIST**

**Dr S.E. Mazibuko**

Practice No. 0879754  
2<sup>nd</sup> Floor: Suite 217  
013 655 3087

**SPECIALIST GENERAL SURGEONS**

**Dr K.B. Senamela**

Practice No. 0327417  
1<sup>st</sup> Floor: Suite 119 C  
013 655 3077

**SPECIALIST PHYSICIANS**

**Dr N.N. Sipholi**

Practice No. 0410187  
2<sup>nd</sup> Floor: Suite 222  
013 655 3084 / 013 690 3133

**Dr N. Zwane-K**

Practice No. 0731668  
2<sup>nd</sup> Floor: Suite 214  
013 655 3124

**CARDIOTHORACIC SURGEON**

**Prof M.L. Mohlala**

Practice No. 4400623  
1<sup>st</sup> Floor: Suite 119A  
013 655 3140

**CARDIOLOGISTS**

**Prof. Nqoba Tsabedze**

Practice No. 0679593  
4<sup>th</sup> Floor Cardiology Unit  
013 655 3140

**Dr Pule Mutati**

Practice No. 0140000067326  
4<sup>th</sup> Floor Cardiology Unit  
013 655 3140

**DERMATOLOGIST**

**Dr M.J. Mokheseng**

Practice No. 0555258  
2<sup>nd</sup> Floor: Suite 220  
073 655 3081

**SPECIALIST RADIATION ONCOLOGIST**

**Dr N.J. Zwane**

Practice No. 0547867  
2<sup>nd</sup> Floor: Suite 218  
013 655 3120

**OBSTETRICS & GYNAECOLOGY**

**Dr M.T. Mtsweni**

Practice No. 0311790  
1<sup>st</sup> Floor: Suite 119B  
013 656 4787

**Dr S.M. Mashiloane**

Practice No. 0480924  
2<sup>nd</sup> Floor: Suite 219A  
013 655 3054/3055/3056

**Dr T.I. Ratsatsinyane**

Practice No. 0823864  
2<sup>nd</sup> Floor: Suite 213  
013 655 3061

**OPHTHALMOLOGY**

**Dr S.E. Msutwana**

Ground Floor  
Practice No. 043567  
013 655 3011

**Dr SC Mthethwa**

Rubicon Medical Centre  
Practice No. 0682535  
013 150 0027

**PAEDIATRICIANS**

**Dr C.C. Edeani**

Practice No. 0413313  
2<sup>nd</sup> Floor: Suite 221

013 655 3080

**Dr S.F. Onyari**

Practice No. 3205533  
1<sup>st</sup> Floor: Suite 103  
013 655 3108/ 013 690 2661

**Dr Z.O. Ayodele**

Practice No. 0869945  
1<sup>st</sup> Floor: Suite 118  
013 655 3079

**Dr N. Dungwa**

Practice No. 0229938  
Ground Floor  
013 656 0890

**ENT**

**Dr J.K. Ayodele**

Practice No. 0600881  
1<sup>st</sup> Floor: Suite 118  
013 655 3079

**PAEDIATRIC & COSMETIC DENTIST**

**Dr F.T. Talane**

Practice No. 0169617  
2<sup>nd</sup> Floor: Suite 219B  
013 655 3082

**FAMILY PHYSICIAN**

**Dr R. Lachowicz**

Practice No. 0478423  
1<sup>st</sup> Floor: Suite 123  
013 655 3106

**GENERAL PRACTITIONERS**

**Dr K.G. Moloto**

Practice No. 1582305  
Ground Floor  
081 810 6465

**Dr J.I. Malope Inc.**

Practice No. 0140000246980  
Ground Floor  
013 655 3011

**Dr J. Ajusi**

Practice No. 1537180  
1<sup>st</sup> Floor: Suite 102  
013 655 3108

**Dr E. Wybenga**

Practice No. 1550829  
Ground Floor: Casualty  
013 655 3050

**Dr N.M. Boshoff**

Practice No. 0632821  
93 Mandela St, eMalahleni  
013 656 1554

**ALLIED SERVICES**

**Eastern Radiologists**

Ground Floor  
013 655 3127

**Biocross Laboratories**

Ground Floor  
013 656 0863

**Lancet Laboratories**

Ground Floor  
013 690 2731

**Highveld Nephrology Centre**

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